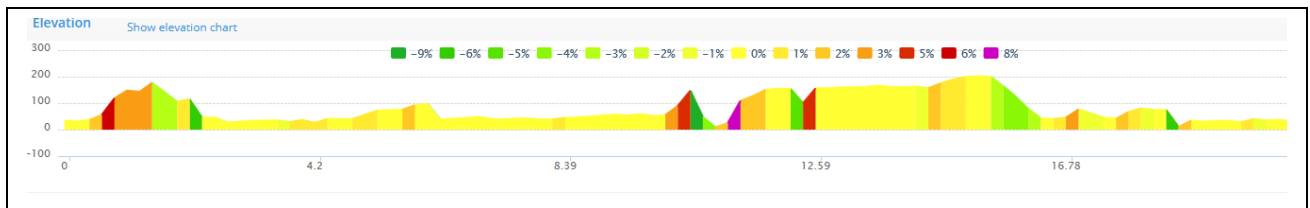
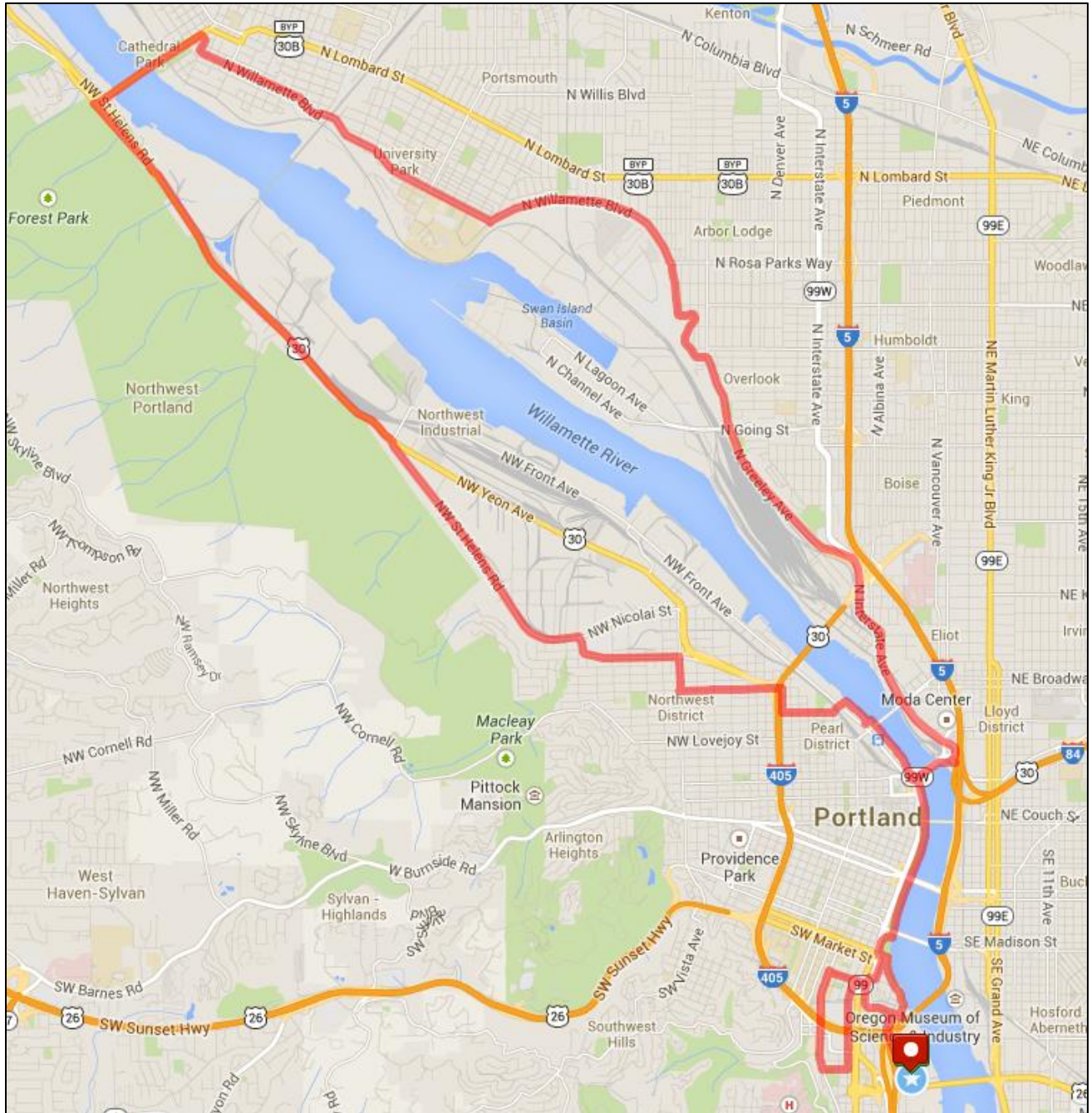


Zidell – 21 miles Benchmark



Zidell – 21 miles Benchmark

- **First Chunk - Approximately 6 ½ miles**
 - Right on SW Moody to Riverplace
 - Left at light on SW River Pkwy which turns into Harrison
 - Left on SW 4th St which turns into Barbur Blvd
 - **Rest Rooms/Water** Fountain in Duniway by track
 - Left turn at light on SW Hooker by All Star Fitness
 - Left on SW 1st
 - Right on Harrison
 - Zig Zag Left then Right down the ramp to Left on Harbor Way
 - Left at the end of Harbor Way to pickup the Waterfront Trail.
 - Follow the Waterfront Trail past the Broadway Bridge
 - **Rest Room** on left off of Naito – Intersection of SW Naito Pkwy/SW Ash St
 - Left on NW 9th Ave.
 - Slight Right onto Overton
 - **Rest Room** on NW Overton between NW 10th & 11th Ave
 - Right onto NW 15th
 - Left on Raleigh
 - Right on NW 23rd
 - Left on Vaughn which turns into Wardway
- **Second Chunk - Approximately 5 miles**
 - Left on Nicolai which turns into St. Helens Rd
 - Single file on St. Helens Rd.
 - Stay to the Left to continue up the ramp on Bridge Ave
 - **Rest Room** on left off of Naito – Intersection of SW Naito Pkwy/SW Ash St
 - Right to cross the St. Johns Bridge
- **Third Chunk - Approximately 5 miles**
 - Right turn off the Bridge onto N Syracuse
 - Right turn on Burlington (the next street)
 - Left onto Willamette Blvd
 - **Rest Rooms/Water** at Fred Meyer ¼ mile north on N Ida Ave from Willamette
 - Continue on Willamette Blvd, past University of Portland,
 - **Rest Rooms/Water** in Columbia Annex Park (left at N Woolsey approx. mile 14)
 - Willamette Blvd turns into N Greeley past Killingsworth
 - **Rest Room** at North Station Refuel, 1 blk. North of Willamette/N. Greeley Ave
- **Last Chunk - Approximately 4 1/2 miles**
 - Stay to the Right on N Greeley past Adidas to get to Interstate Ave
 - Continue on N Greeley, cross Right with care when Greeley merges with Interstate Ave.
 - Continue on Interstate past the Rose Quarter
 - **Rest Room** on left at Nord Broder Rest. intersection of N. Albina/N. Interstate
 - Go past the entrance to the Steele Bridge until you pass Oregon St & Lloyd Blvd
 - Slight Right to pick up the Pedestrian path to cross the Steele Bridge
 - Take the ramp, not the stairs heading down to cross the Bridge
 - Left on the Waterfront Trail
 - **Rest Rooms** on the Waterfront under the Hawthorne Bridge
 - Continue past Riverplace staying on the Waterfront trail all the way to SW River Pkwy
 - Left on Moody back to Zidell