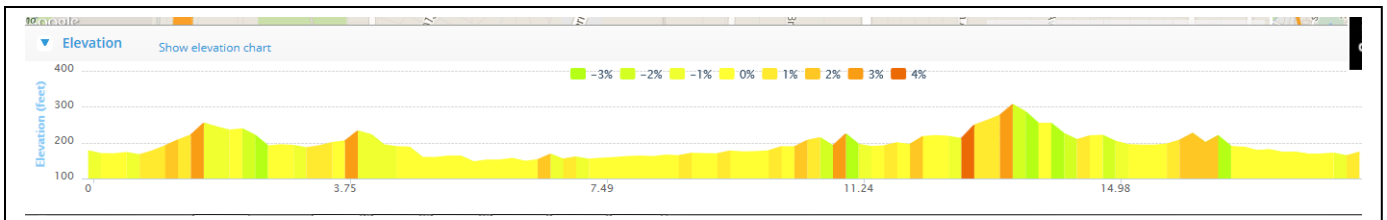
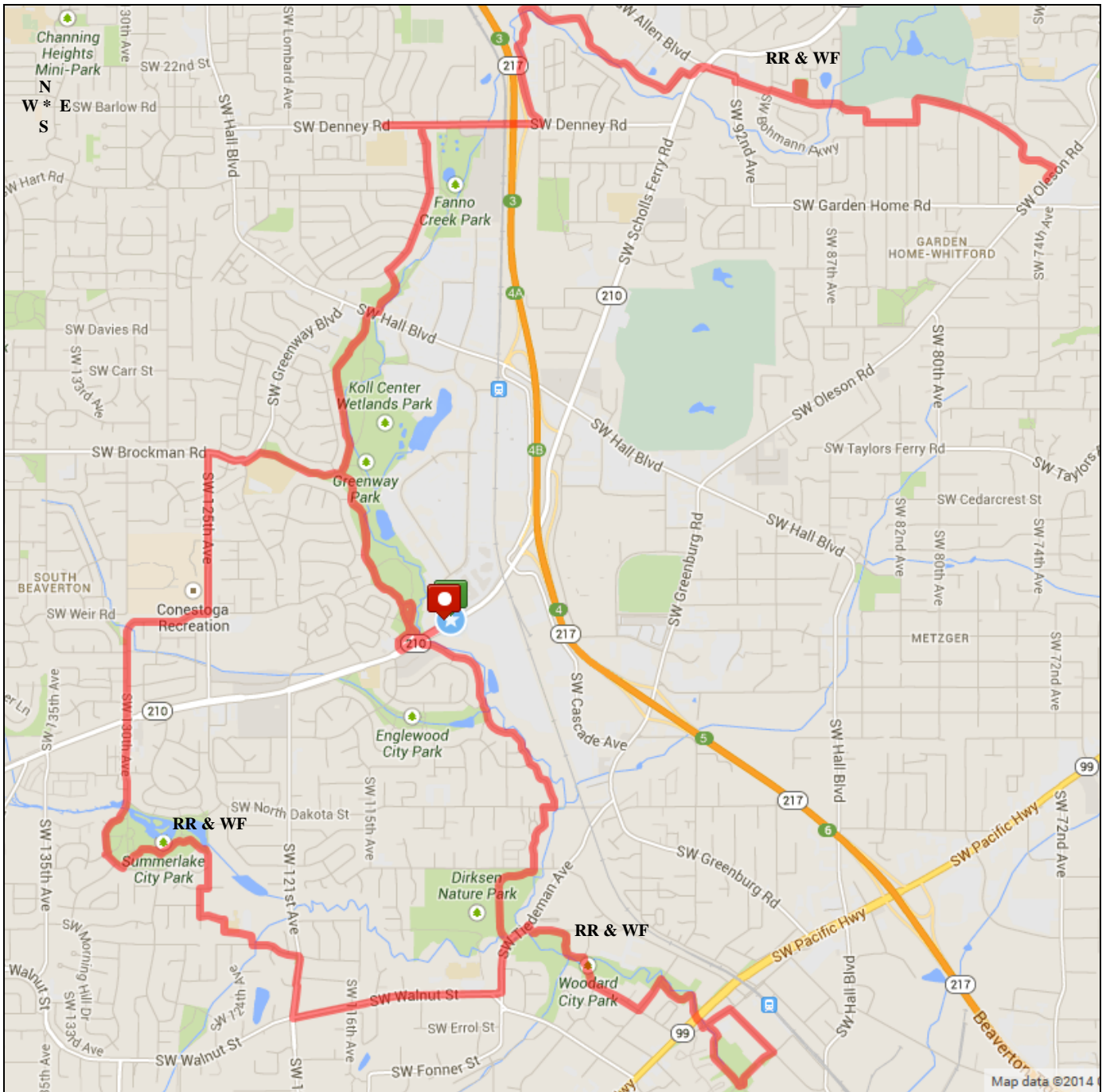


# Portland Fit – PRC 30K Benchmark



### **LOOP 1 – Summer Lake Park and South Fanno Creek Trail – 8.4 Miles**

- Start at **Portland Running Company**, head west past 7/11, **Right** onto Fanno Creek Trail
- **Left** on long trail at **Red/Yellow** playground equipment that looks like a Choo Choo Train
- **Left** on Greenway then quick **Left** on 125<sup>th</sup>
- **Right** on Conestoga which curves **Left** onto 130<sup>th</sup>
- Cross Scholls Ferry at light and stay on 130<sup>th</sup> which turns into Winterlake Dr
- **Left** into Summer Lake Park, by the **Restrooms and Water Fountains** off of Winterlake Dr
- Continue thru center of Park and Exit on Trail to the **Right** at SE corner of the park
- **From** Winterlake Dr, **Turn** on 125<sup>th</sup> and go for about 6 or 7 houses
- **Left** on path to Mary Woodard Elementary, follow path around school and exit parking lot
- **Left** on Katherine St up to Windmill Park, then **Right** on 121st
- **Left** on Walnut past Fowler Middle School
- **Left** on Tiedeman, **Cross** at crosswalk and continue North on Tiedman
- **Right** to enter into Woodard Park which has **Restrooms and Water Fountains**
- Exit Park and turn **Left** on Johnson St, **Left** on Grant Ave.
- **Right** on NEW section of Fanno Creek Trail to go under Hwy 99
- **Exit** Trail and cross Main St to pick up Trail again
- **Take First Left** on the trail and stay left to exit onto Ash Ave. **Water Fountains** in Dog Park
- **Left** on Burnham St, **Left** again on Main St., **Right** to pick up Trail and go back under Hwy 99
- **Left** on Grant Ave, **Right** on Johnson and **Right** to enter Trail thru Woodard Park
- **Left** on Tiedeman, **Cross** at crosswalk and pick up Trail which takes you to Scholls Ferry
- *To end at 8.4 miles, take the path to the left, turn right on Scholls Ferry back to PRC*

### **LOOP 2 – North Fanno Creek Trail To Olsen Rd & Back – 10.3 Miles**

- Stay on Trail and go under Scholls Ferry, continue on & cross Hall at crosswalk at end of Trail
- Pick up Trail again and exit at the detour which has you turn **Right** on Bel Aire, continue North
- **Left** on Denny, **Right** to cross Denny at King St, **Right** again to head East on Denny crossing Hwy 217
- **Left** on 105<sup>th</sup> (1<sup>st</sup> street, not the 217 entrance ramp), Pick up Fanno Creek Trail at end of 105<sup>th</sup>
- Trail ends at corner of Allen & Scholls Ferry, **Right** on Allen past Burgerville,
- Slight **Right** on 92<sup>nd</sup> to pick Trail back up on the **Left**
- Continue on trail and circle **Left** thru Vista Brook Park for **Restrooms and Water Fountains**
- Continue on trail until it ends at Garden Home Rec Center on Olsen Rd and **Turn Around**
- **Return** on Fanno Creek Trail, **Right** on 92<sup>nd</sup>, **Left** on Allen past Burgerville to Scholls Ferry
- **Left** on Fanno Creek Trail until it ends back on 105<sup>th</sup>,
- **Left** on 105<sup>th</sup>, then **Right** on Denny back over Hwy 217
- **Left** at King St to cross Denny, **Left** on Denny, **Right** on Bel Aire and pick up Trail on **Left**
- **Right** on Trail **Thru** crosswalk on Hall
- **Continue on** Trail to Scholls Ferry
- **Left** on Schools Ferry back to **Portland Running Co.**

**RR & WF** = Rest Room & Water Fountain locations on the Map