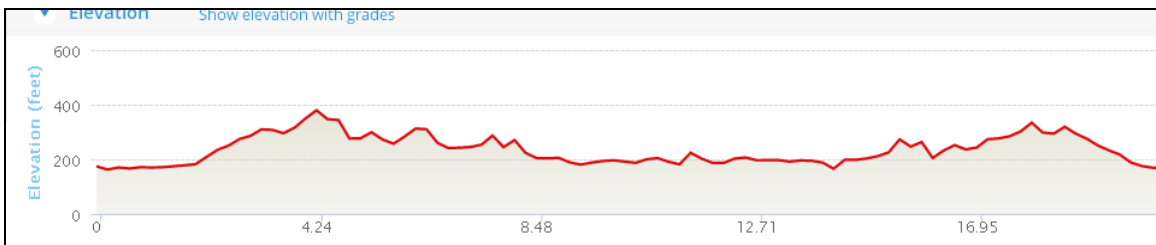
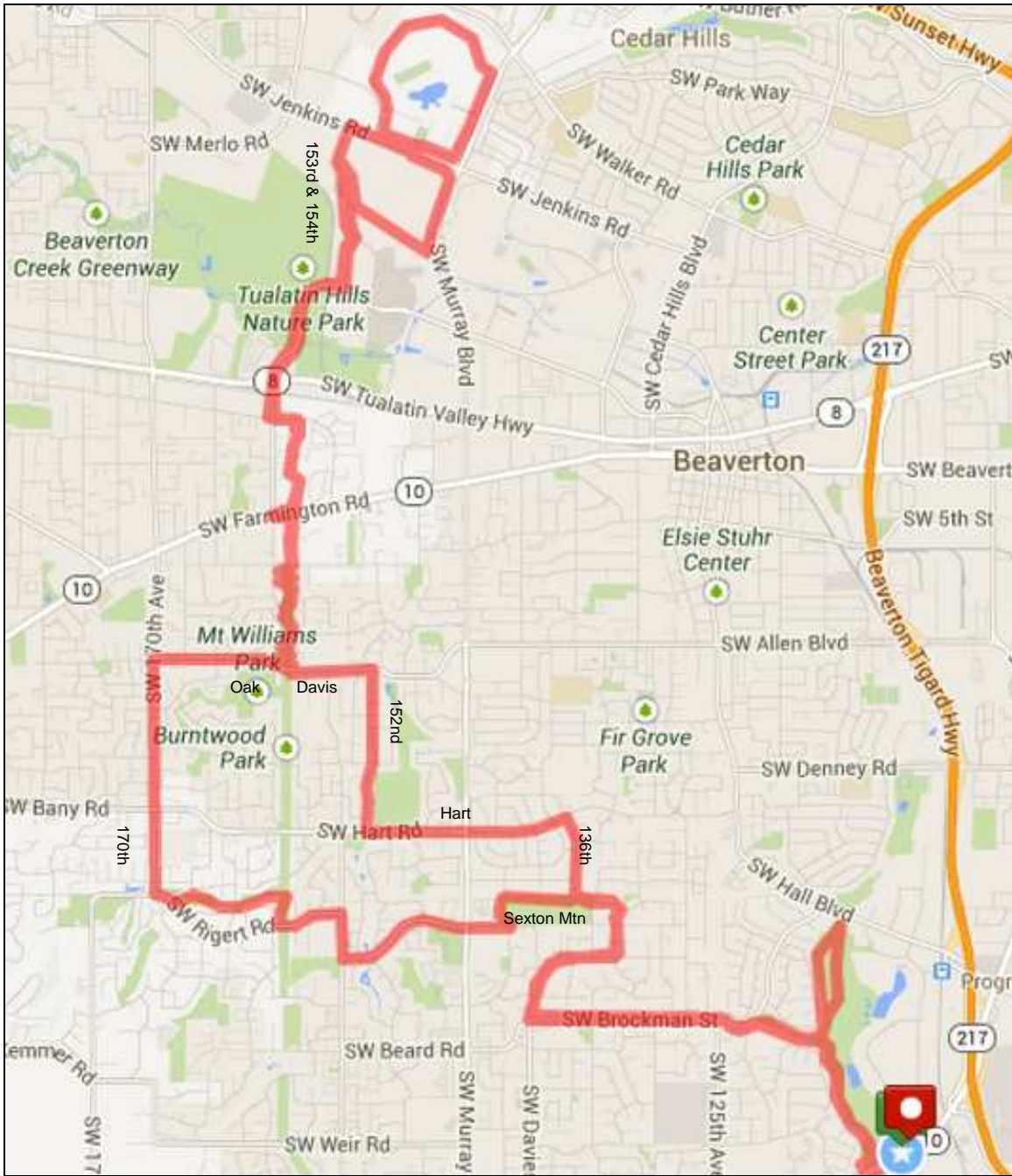
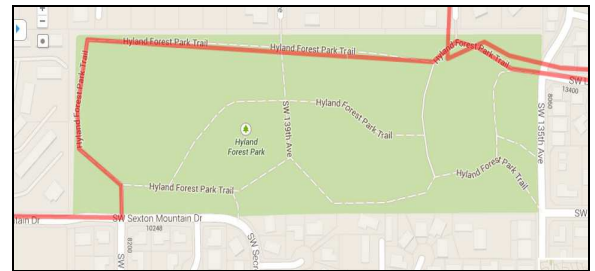


Portland Fit – 21 Miles



- Start at **PRC**, **Right** on Fanno Creek Trail
- **Sharp U-Turn** before trail hits Hall
- **Right** on trail Red/Yellow playground equip
- **Left** at Trail ends on Greenway (turns into Brockman)
- **Right** on Davies (which turns into Carr)
- **Left** on 133rd thru Meadow Way Park,
 - past **PORTA POTTY** exit on 133rd
- **Left** on Lancewood cross 135th into Hyland Forest Park
- **Stay Straight** on trail until it curves **Left**, exit Maverick
- **Right** on Sexton Mtn, cross Murray, **Right** on 155th
- **Left** on Rigert, **PORTA POTTY** in far right field here
- **Right** on Powerline trail past 159th
- **First Left** on trail to Summer Crest Park
- **Stay** on main trail past **PORTA POTTY**
- **Exit Trail Right** on Rigert Rd, **Right** on 170th
- **Right** on Oak (which turns into Davis)
- **Left** on Powerline Trail (after 160th)

Hyland Forest Park Trails



- **Continue** on trail to end at Farmington,
- **Left** on Farmington, **Right** on 160th, **Right** again on Farmington,
- **Left** onto Trail until it ends
- **Left** on Blanton St.
- **Right** on 160th, cross light at TV Hwy
- **Stay** on 160th which turns into Milikan, past the Interpretive Center
 - **OPTIONAL Restroom & Water Fountain** at Interpretive Center
- **Left** on 154th Terr, **Left** again onto 153rd, enter trail after **TRUCKS** sign
- ¾ circle to **Right** on **Geoff Hollister Trail** to **Nike World Campus Dr**
- Cross Street at light and turn **Right** and jog **Nike** on the wood chip path
- Circle **Nike** and cross **World Campus Dr** back to **Hollister Trail**
- **Return** on 153rd, and **Right** on 154th
- **Right** on Milikan which turns into 160th as you cross light at TV Hwy
- **Left** on Blanton St.
- **Right** on Powerline Trail thru Farmington until it ends at Davis

Nike Double Loop



- **Left** on Davis
- **Right** on 152nd
- **Left** on Hart, cross Murray and stay on Hart
- **Right** on 136th
- **136th ends** at entrance into Hyland Park, take trail into park
- **First Left** on trail, exit straight onto Lancewood
- **Right** on 133rd thru park past **PORTA POTTY** out on 133rd
- **Right** on Carr/Davies
- **Left** on Brockman past 125th to Greenway to Trail right past school
- **Right** on trail, **Right** past Red/Yellow playground equip back to PRC