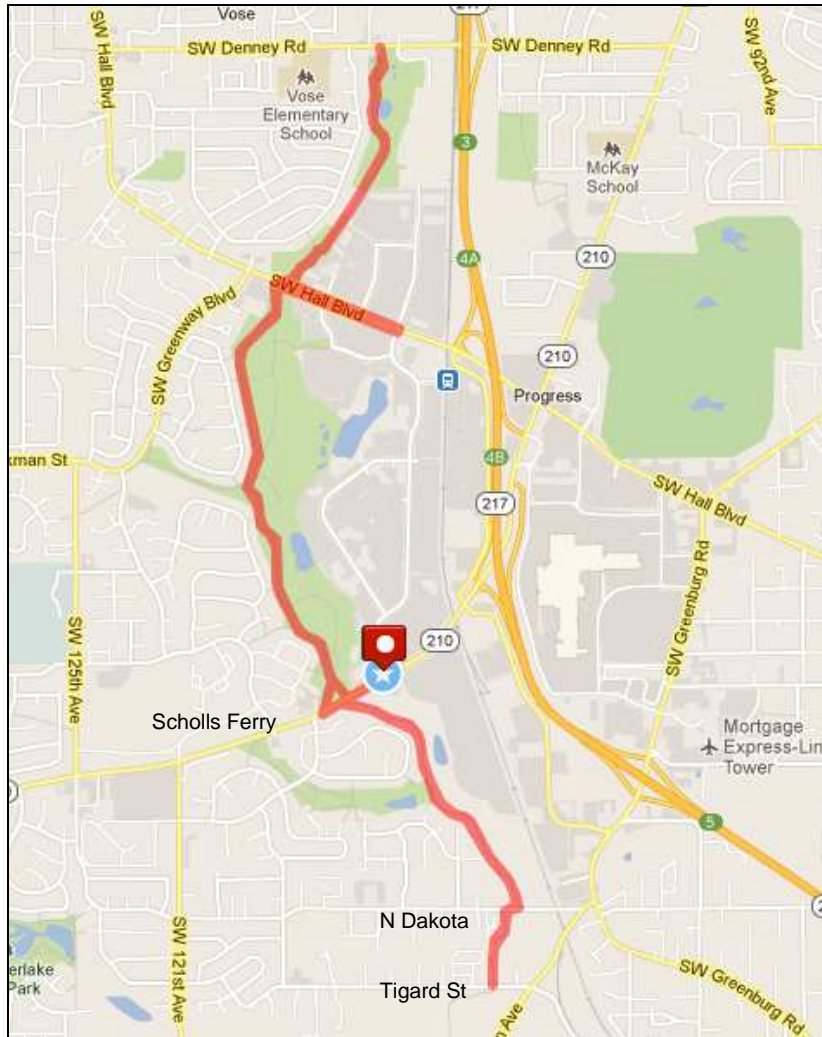


# Portland Fit – 7 Miles North & South Trails



- Start at **Portland Running Co.**, head out past 7/11,
- **Right** onto Fanno Creek Trail to the end at Hall,
- **Right** on Hall to light at Nimbus
- **Left** on Nimbus to cross Hall
- **Left** on Hall
- **Right** onto entrance to Fanno Creek Trail
- **Turn Around** when Trail ends at Denny and return
- **Left** on Hall to light at Nimbus
- **Right** at Nimbus to cross Hall
- **Right** on Hall
- **Left** at entrance to Fanno Creek Trail, stay on trail all the way
- **Go Thru** underpass at Scholls Ferry
- Cross N Dakota St and stay on Trail
- **Turn Around** and return at Tigard St on Trail
- Cross N Dakota St and stay on Trail
- **Left** to exit Trail at Scholls Ferry (do not go back thru the underpass)
- **Right** on Scholls Ferry
- **Left** at light at Nimbus to cross Scholls Ferry
- Return to **Portland Running Company**

